

Case Study -The Goldsmith Family

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Answer: 01

The Goldsmith family is a non traditional family. Chloe's parents were separated and were endeavouring to make things up for her but it was not really working. Rebecca was going through the depression and declining health revealing mood swings, less energy, less appetite and sleeplessness. Hal suggested discussing the matters at the table that is the potential strength of the family to bring things and Rebecca to normal (Abarbanel, 2009, pp. 320-329).

Answer: 02

Goldsmith family are going through social difficulties. Rebecca is unable to take decision about her dating relationship. Hal is confused to resolve the Rebecca and Chloe's issue but enjoying a back to normal social status. Goldsmith family is meeting the societal purposes from the Hal's corner but not from Rebecca's, as divorce made her upset and Chloe's behaviour towards Phil. Chloe's felt ashamed of her mother's attitude in front of people.

Answer: 03

From the relationship perspective, Goldsmith family is traditional as they are fulfilling the social and emotional needs of each other like any other normal family. Hal and Chloe are effectively using their roles to help Rebecca to be out from the depressing situation. However Rebecca is endeavouring to make Chloe understand her dating relation and not to discuss every issue with her dad. Rebecca is somehow lacking from her role of being a responsible mother and a traditional family member (Abarbanel, 2009, pp. 320-329).

Answer: 04

In this case study power and control over the family matters is very essential, as the family is going through an emotional breakthrough. Here Hal appears to have control and power and is the mediator. He tries to calm Chloe down and let her see the bigger picture and tries to smooth things out (Abarbanel, 2009, pp. 320-329). I can see maybe down the road this being a problem for Rebecca because he always brings it to her attention that Chloe had something to say about it. It would be nice to get the parents to sit down and talk out the problem and or things to prevent conflict (Thornton, 2011, pp. 856-872).

Answer: 05

In order to address wellness and risk prevention, being a family nurse I would suggest that since this family is a close nit family and Chloe doesn't like Rebecca's boyfriend (Abarbanel, 2009, pp. 320-329). It would probably be a good idea for Chloe to have someone like a therapist to talk out these issues and why it is a problem for her and how they can overcome it. Instruction of therapist on Rebecca's behavior and the overall psychological and emotional situation of the family would help them return to wellness sooner (Thornton, 2011, pp. 856-872).

Answer: 06

Rebecca's state of being depressed, Chloe's issues with her mother's behaviour and having a man in her mom's life are the major areas of concern for a family nurse. Suggested intergenerational implications may include the clarity and understanding between Rebecca and Chloe, this will help them leading towards a healthy family decision. Hal's suggestion of a

family discussion is good and is better if undertaken in therapist supervision (Thornton, 2011, pp. 856-872).

Answer: 07

Considering the well being of the family they could probably afford a new car but with Rebecca having some mental health problems and might miss work sometimes, maybe it would be better for them to get a used one for now since there's really no need for a brand new one (Thornton, 2011, pp. 856-872).

References

- Abarbanel, A. (2009). Shared parenting after separation and divorce. *American Journal of Orthopsychiatry*, vol. no. 49(2), pp. 320-329. Data retrieved from <http://onlinelibrary.wiley.com/doi/10.1111/j.1939-0025.1979.tb02613.x/full> On November 21, 2013
- Thornton, A. (2011). Changing attitudes toward separation and divorce: Causes and consequences. *American Journal of Sociology*, pp. 856-872. Data retrieved from <http://www.jstor.org/stable/10.2307/2779521> On November 21, 2013