

Case Study

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### **Introduction**

The case illustrates the ill health of the mother in the family as the family nursing would be feasible approach for catering the health issues of the mother. The children are helps as the patient condition could be understood either by the doctor or the nurse. The goals and strategies for promoting family nursing would have an impact upon the patient recovery and the treatment of the patient as this is the highly feasible technique for the recovery of the patient. The family health and well being should be recovered for the safety and security of the citizens of the state.

### **Discussion**

The family health condition is mental and physical capability is improved as to increase the social health of the person. The unhealthiness in the person occurs because of the prevalence of the disease in the person. There are numerous health risks that are illustrated in the case as the family health factors should be catered for being the health citizens of the state. There s a need to address the family health issues that need to be focused as to save the behavioral and environmental risks associated with the family well being and health issues.

The family nurse could identify the behavioral and genetic risk factors that are associated with the family members as illustrated in the case that the impact of ill health of the mother had an adverse effects upon the health and well being of the patient Family health Risk, 2013). There are home visits of the nurse for catering the health risks that are associated with the family.

The ecological contextual issues that lead towards the progress of the family issues it deals with the family current health issues that is illustrated in the case, the socio

cultural factors as there are certain factors that had an impact of the ill health upon the patient (An ecological model of family health, 2013). The family health conditions and the well being had a major impact upon the health of the patient.

Family nursing theory is based upon the holistic care of the patient and the family. Well being is defined as the health state that occurs among the family members as the health promotion regarding the family nursing is important. As illustrated in the case the mother is in the severe conditions and she highly needs family nurse for the current and health care. The family nurse should promote the health issues that are promoting the well being and family nursing build a positive impact upon the well being of the patient. The family nursing is the most convenient approach of the recovery of the patient in the given case scenario as they cannot cope up with the hospital environment when they need their family.

### **Conclusion**

Overall the family nursing has a negative impact upon the health and well being of the patient in the current scenario as when one person in the family suffered from ill health there is a disturbance in the whole family in this regard they need family nurse to cater the issue. The family nursing has a positive impact upon the well being and patient care and attention. The ill health of the patient would be cared by the family health nurse in the given scenario however the patient care and concerns are important of the treatment purpose as the patient will be satisfied and contented by the family health workers care and concern of the patient in the health care setting.

### **References**

An ecological model of family health (2013), data retrieved from,

[http://www.diabetesfamily.net/family/family-health-model/textbook/chapters/Family\\_Health\\_Chapter\\_01.pdf](http://www.diabetesfamily.net/family/family-health-model/textbook/chapters/Family_Health_Chapter_01.pdf) on 30th November 2013.

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