

## Literature Review

### **Introduction**

In the field of nursing and healthcare, the health promotion teaching plans may play a vital role in educating the people about maintaining and adopting healthy and productive life styles. In addition to this, health promotion teaching plan may also help in empowering and enabling people to alter their lifestyle towards optimal health conditions. According to recent researches and studies, health promotional teaching plans significantly help the nurses and health care authorities to convey the healthcare suggestions and information to the community people. This may greatly help them in bringing betterment in the lives as well as in the entire well being of the people. Previous study demonstrates that various learning techniques can be used in this regard. These techniques may include social learning techniques, humanistic, psychodynamic, cognitive and behaviorists techniques. All these techniques are considered as the effective health care promotional teaching techniques (Casey, 2007).

Out of all these techniques social learning technique is considered as the most appropriate and effective technique and this technique was also discussed in the previous study. The proceeding paper incorporates the analysis of three articles, which are based on the health promotion teaching plan. The analysis of these articles may greatly help in understanding the relevance of those articles. This analysis may also help in understanding that how the provide information will help in the health promotion teaching plan.

## **Discussion**

### **Article: 1 An International Delphi Study Examining Health Promotion And Health Education In Nursing Practice, Education And Policy**

#### **Synopsis of an Article**

This article is based on the analyzing the views of experts and researchers regarding health promotional programs, in the field of health care and nursing. This article is one of the most appropriate and effective article for teaching plan in health promotional services (Whitehead, 2008).

#### **Relevance of Article in the Teaching Project**

This article is considered as one of the most appropriate and relevant articles. It is because of the reason that, this article may greatly help nurses and concerned authorities of health care organizations in their teaching projects of health promotional activities. In health promotional teaching plan, this article may greatly help nursing teachers in creating and enhancing the awareness of the community people, regarding healthy and productive life style (Whitehead, 2008).

#### **How the Information will be used in the Teaching Project?**

The information, provided in this article can be used to spread the understanding and knowledge in the community people, regarding health care. This article can also be considered as the backbone for health promotional teaching plans (Whitehead, 2008).

**Article: 2 Nurses' Perceptions, Understanding and Experiences of Health Promotion****Synopsis of an Article**

This study incorporates various techniques which may greatly help the nurses and health care organizations in health promotional teaching plans. This study incorporates the idea that, health promotional teaching projects are the remit for every single nurse (Casey, 2007).

**Relevance of Article in the Teaching Project**

The analysis of this article demonstrates that, this study is one of the most appropriate and effective study and may greatly help the nurses in health promotion teaching plans. In addition to this, the study also incorporates various researches and studies. This feature may also enhance the reliability and authenticity of this study (Casey, 2007).

**How the Information will be used in the Teaching Project?**

In the given article, the provided information can be used in health promotional teaching plans by incorporating the findings and studies of this article in the teaching plan. This may greatly help in enhancing the efficiency and effectiveness of health promotional teaching plan (Casey, 2007).

**Article: 3 The Health-Promoting School: What Role for Nursing?****Synopsis of an Article**

The current study may significantly help in reviewing the existing researches on health promotional teaching techniques. Furthermore, this article is also considered as the most helpful piece of work for promoting health care knowledge to the community people (Whitehead, 2006).

**Relevance of Article in the Teaching Project**

This study is one of the most helpful studies, as it incorporates various innovative and successful strategies and techniques. These techniques may greatly help the nurses in designing and implementing their health promotional teaching plans (Whitehead, 2006).

**How the Information will be used in the Teaching Project?**

In this study, the provided information may greatly help the nurses and health care organizations in conveying the health care policies and suggestions. On the other hand, this study can also be considered most appropriate piece of work, as it may greatly help in developing a supportive atmosphere for the nurses to convey their teaching regarding healthcare (Whitehead, 2006).

**Conclusion**

Above discussion incorporates the analysis of three articles. These articles may greatly help in health promotional teaching project.

## References

Casey, D. (2007), Nurse's perceptions, understanding and experiences of health promotion. Journal of Clinical nursing, retrieved from, <http://www.ncbi.nlm.nih.gov/pubmed/17518880>

Whitehead, D. (2006), The health-promoting school: what role for nursing?. Journal of clinical nursing, retrieved from, <http://www.ncbi.nlm.nih.gov/pubmed/16466475>

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